

Heart Failure Awareness Days 2023

Activities report post HFAD

Country: Lebanon

Name of reporters: Hadi Skouri



HFA
Heart Failure
Association

 European Society of Cardiology

Programme and events (summary)

Due to the financial/economical crisis in Lebanon this has led to:

- Cardiologist with interest in HF to leave the country as well as other medical professionals as nurses**
- Companies pharmaceuticals and devices to close their offices in Lebanon**
- Unavailability of money saved in Banks to be used by the societies**
- Patients and caregivers inability to attend physical meetings due to gaz prices**
- Less enthusiasm by most healthcare workers to organize activities due to the situation**
- No President Nor Prime minister have been elected still and not able to arrange with Ministry of health any Networking**

Program in general (2)

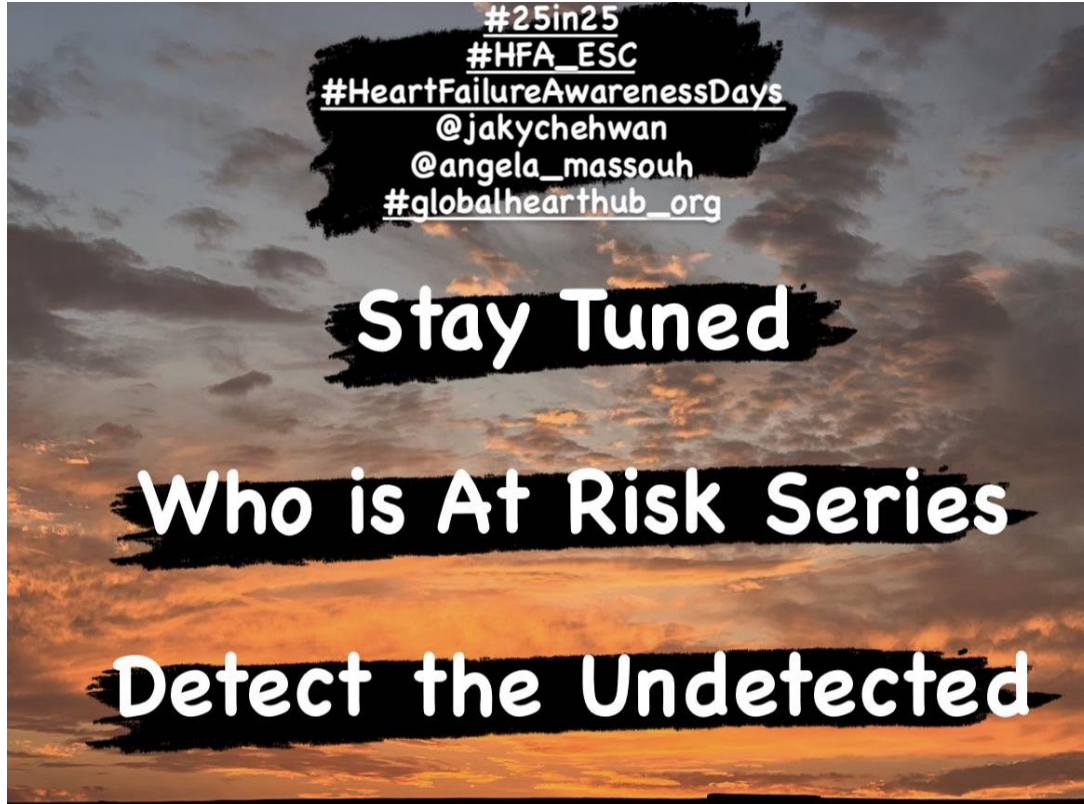
- **So the HF Working Group elected to organize only a social media activity with personal efforts of some members as it doesnot cost the society and individuals financial burden and because of No support from third party companies**
- **As HFWG will not participate this year in the HFA Award competition but sending a report of such shy acrivities**

Social media coverage:

- Facebook page of Lebanese society of Cardiology
- Facebook page of Heart Failure in Lebanon
- Personal Twitter and Instagram of some members
- Hashtag
- Detect the Undetected
 - #25in25
 - #HFA_ESC
 - #HeartFailure AwarenessDays

Social media coverage:

- **The Posts aimed at increasing awareness for patients at risk of heart failure**
- **Hypertension**
- **Ischemic heart disease**
- **Cancer patients on chemo or radiotherapy**
- **Post CABG or PCI patients**
- **Chronic kidney disease**
- **Diabetes**
- **Etc...**



Extra pictures/videos

***Who is at risk to develop
heart Failure ?***

**Cancer patients who have
received some types of
chemotherapy or
Radiotherapy to the chest**

**#ESC_HFA #25in25
#heartfailureawarenessdays**

Who is at Risk to develop
Heart Failure?
"Detect the Undetected"

High Blood pressure
left untreated
Hypertension

[#25in25](#)
[#HFA_ESC](#)
[#globalhearthub_org](#)

#25in25
#HFA_ESC
#globalhearthub_org

Who is at Risk to develop
Heart Failure?
"Detect the Undetected"

Patients with prior history
of myocardial infarction or
Stent placement

Who is at Risk to develop
Heart Failure?

"Detect the Undetected

Patients who had history
of bypass surgery or
valve replacement

#25in25
#HFA_ESC
#HeartFailureAwarenessDays
@jakychehwan
@angela_massouh
#globalhearthub_org

Who is at Risk to develop Heart
Failure?

“Detect the Undetected”

If you previously had
myocarditis : inflammation-
infection of your heart muscle

#25in25
#HFA_ESC
#globalhearthub_org

Who is at Risk to develop Heart
Failure?

“Detect the Undetected”

If you have any first degree
relative with heart failure at
young age -dilated
cardiomyopathy-
it could be genetic

#25in25
#HFA_ESC
#globalhearthub_org

**Who is at Risk to develop Heart Failure?
"Detect the Undetected"**

**Patients with Diabetes
especially long-standing
Keep your blood sugar within
Normal!!!!**

**#25in25
#HFA_ESC
#globalhearthub_org**

**Who is at Risk to develop Heart Failure?
"Detect the Undetected"**

**Patients with chronic kidney
disease and those on dialysis
- pay Attention to your
symptoms !!**

**#25in25
#HFA_ESC
#globalhearthub_org**



Heart Failure in Lebanon

Posted by Hadi N. Skouri

May 4 · 🌐

Who is at Risk to develop Heart Failure?
"Detect the Undetected"

... See more



See insights and ads

Boost post

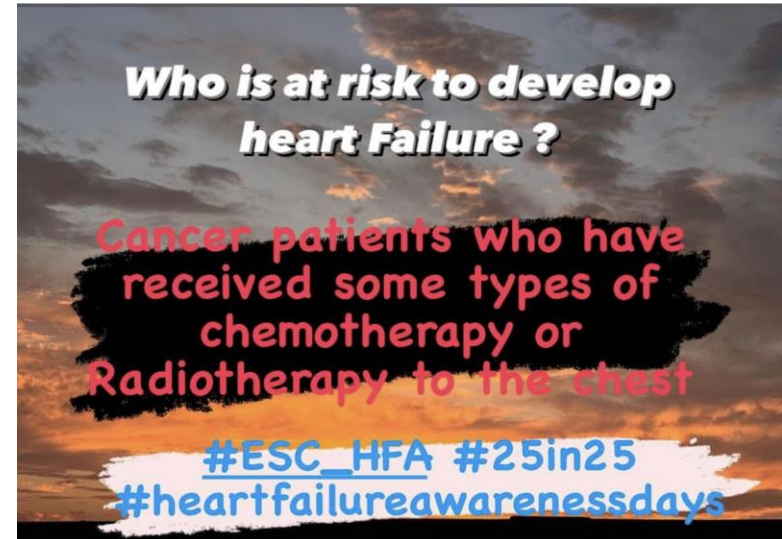


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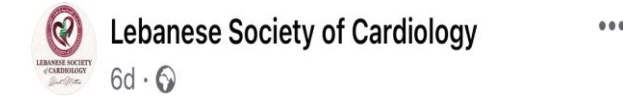
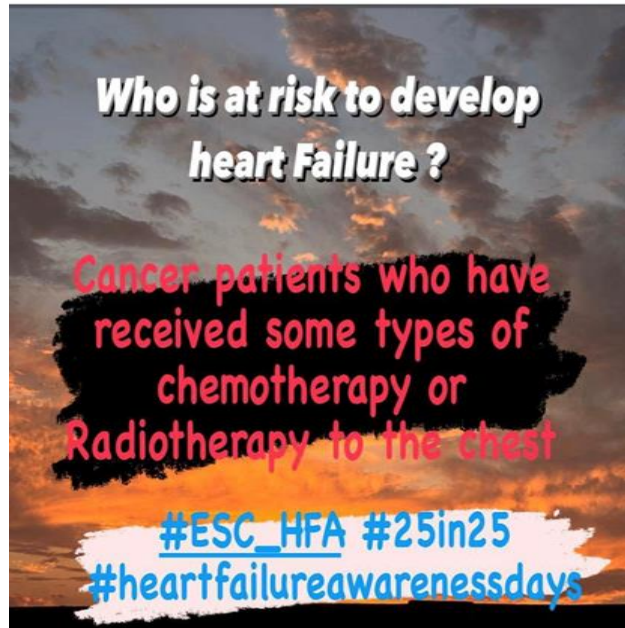
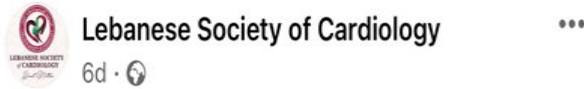
#25in25
#HFA_ESC
#HeartFailureAw... See more



See insights and ads

Boost post

Lebanese Society of Cardiology's posts





Hadi N. Skouri

5d · Shared via AddThis · 👤

#25in25

#HFA_ESC

#globalhearthub_org



heartfailurematters.org

أعراض قصور القلب

👍 Sari Golmia and 9 others



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Heart Failure
Association

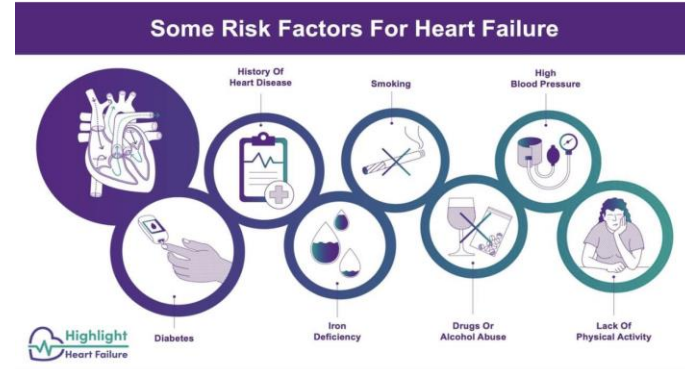


Angela Massouh

1d · 🌐

Certain risk factors can increase the risk of developing heart failure including Diabetes, family history of heart disease, iron deficiency, drugs or alcohol abuse, high blood pressure and lack of physical activity. Beware of your risk!

يمكن لبعض عوامل الخطر أن تزيد من خطر الإصابة بقصور عضلة القلب، مثل مرض السكري، وثبات أحد أفراد
See more...
See translation



👍❤️ Myrna Doumit and 19 others

1 share 🗨️



Dr. Hadi Skouri @HSkouri · 4/30/23

Do You know heartfailurematters.org website is in 10 languages ... in Arabic too.. #25in25

#HeartFailureAwarenessDays

#HeartFailureAssociation

#ESC

@HFA_President

@jakychehwan

@angela_massouh

فهم قصور القلب - قضايا تتعلق بقصور القلب.



heartfailurematters.org

فهم قصور القلب - قضايا تتعلق بقصور القلب



2



2



9



250



You Retweeted



British Society for Heart Fail... · 5/2/23

Patient empowerment is key to improving quality of life and living well with #heartfailure

Holistic care is required for optimal management with a focus on both QOL and survival. @pumpinghearts

#HFAW2023 #25in25 #detecttheundetected

DETECT THE UNDETECTED



Nearly 400,000 people in the UK have heart failure but do not know it

Early diagnosis and treatment improves outcomes and has the biggest impact on people's lives

Together we can turn the tide on heart failure #25in25



1



14



27



1,834



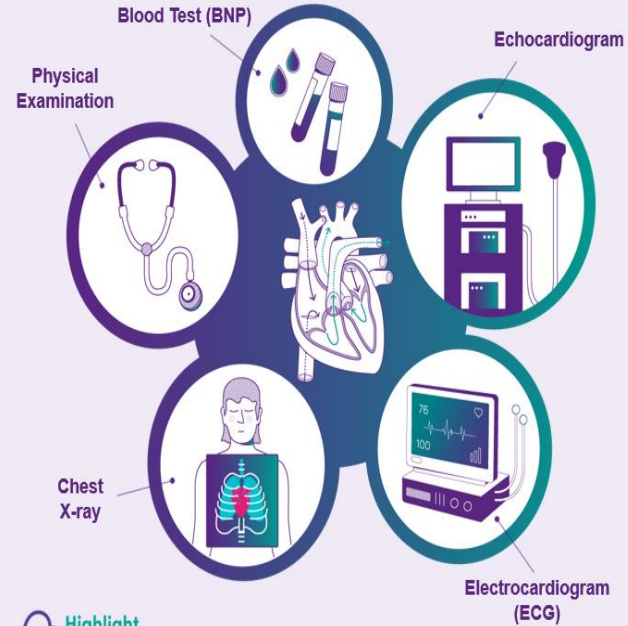
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Some Risk Factors For Heart Failure



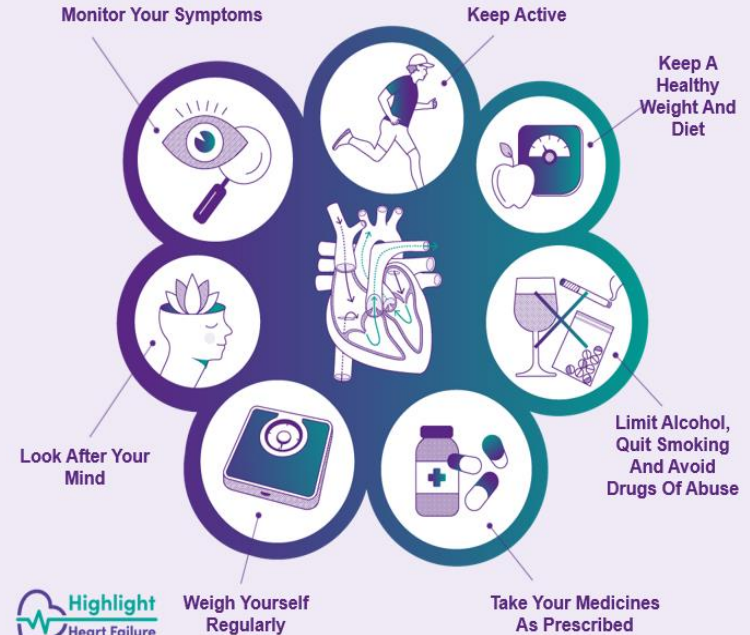
How Heart Failure Is Diagnosed



Estimated 30% Of People Living With Heart Failure Have No Obvious Symptoms



You Can Improve Your Quality Of Life Living With Heart Failure



Heart Failure

A PUMPING PROBLEM



Heart Attack

A PLUMBING PROBLEM

